



With ever changing new technology it can be an overwhelming place for parents trying to keep your children safe online.

Online safety is regularly taught to the children of St Antonys as part of the National Curriculum. The children are able to explain what it is to be safe online not only on their computers, but games consoles and tablets,

Together we can help nurture a community of responsible digital citizens.

For busy parents, here are some quick suggestions for how to help keep your family safe online.



Talk with your family about online safety.

Be clear about your family's rules and expectations around technology, and consequences for inappropriate use. And most importantly, make sure they feel comfortable enough to ask for guidance when they encounter tough decisions. This can help your family feel safe exploring the Internet on their own, and to know who to turn to—you—when they

Use technology together.

It's a good way to teach online safety, and it creates opportunities for you to address online safety topics with your family as they come up.



Discuss online services and sites.

Talk with your family about what kinds of sites they like to visit and what is appropriate for each family member.

Protect passwords.

Help your family learn how to set secure passwords online. Remind your family not to give out their passwords, except maybe to trusted adults, like a parent. Make sure they make a habit of signing out of their online accounts when they are on public computers at school, in a café or at the library





Use privacy settings and sharing controls.

There are many sites for sharing thoughts, photos, videos, status updates and more. Many of these services offer privacy settings and controls that help you decide who can see your content before you post it. Talk with your family about what they should and shouldn't share publicly. Help them respect the privacy of others by keeping the personal details about family or friends private, and by not identifying people by name in publicly shared content

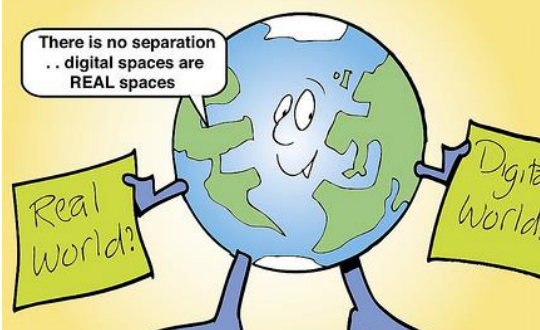
Check age restrictions:

Many online services - including Google - have age limits restricting who can use their services. For example, you have to meet age requirements to have a Google account, and some Google products are restricted to users 18 and older. Always check a website's terms of use before allowing your child to sign up for an account, and be clear with your kids if you have family rules about which sites and services they can use.

Age Restrictions On Social Media

13	14	16	17	18	18
Twitter Facebook Instagram Pinterest Google+ Tumblr Reddit Snapchat	LinkedIn	WhatsApp	Vine Tinder	Path	(13 with parents consent) YouTube Keek Foursquare WeChat Kik Flickr

There is no 'real world' and 'digital world'



Teach your family to communicate responsibly.

Here's a good rule of thumb: if you wouldn't say it to someone's face, don't text it, email it, instant-message it, or post it as a comment on someone's page. Talk about how what you say online might make other people feel, and come up with family guidelines about what kind of communication is appropriate.

Talk to other adults.

Open the conversation to your friends, extended family, teachers, coaches and counselors. Other parents and professionals who work with children can be a great resource to help you decide what feels right for your family, especially if you're dealing with an area of technology that you are unfamiliar with.



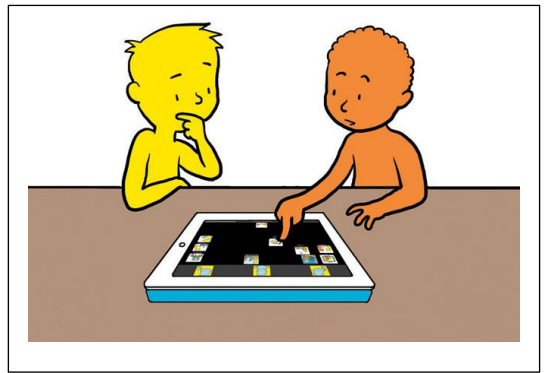
Protect your computer and identity.

Use antivirus software and update it regularly, unless you have a Chromebook, which doesn't need antivirus software. Talk with your family about the types of personal information – like a social security number, phone number or home address – that should not be posted online. Teach your family not to accept files or to open email attachments from unknown people.



Keep it going.

Staying safe isn't a one-time thing—technology evolves, and so will the needs of your family. Make sure you keep up an ongoing dialogue. Re-establish your family's ground rules, check in on everyone's progress, and set aside time to talk at regular intervals.



We teach the children to be SMART

 Stay Safe Don't give out your personal information to people / places you don't know.  © The Federation of The Downs and Northbourne CEP Schools	 Don't Meet Up Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.	 Accepting Files Accepting emails, files, pictures or texts from people you don't know can cause problems. 	 Reliable? Check information before you believe it. Is the person or website telling the truth? 	 Tell Someone Tell an adult if someone or something makes you feel worried or uncomfortable.  Top Tips based on resources from www.thinkuknow.co.uk
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If you have any concerns or questions about online safety please speak to your class teacher.

Want to know more?

The following websites offer step-by-step guides on how to restrict content with parental controls, conversations with children about online safety, gaming and online safety tools as well as guiding you through the technology that is out there.

<http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers>

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>

<http://www.childnet.com/parents-and-carers>

<http://www.bbc.co.uk/webwise/0/>

<https://www.google.com/intl/en/safetycenter/families/start/>